



BATEMANS BAY PADDLE CHALLENGE

Paddler Code of Behaviour

Prior to the event

Be aware of the event organiser's policy on registering for the race/event. Register well in advance of the event date. Never just turn up on the day and expect to register just prior to a race/event start.

If your situation requires you to cancel, please see our race rules & our refund guidelines within. The particular race/event could be fully committed with a waitlist and another member could miss the opportunity to participate if you opt out at the last minute.

Be aware of the event schedule pre-race briefings, race start times and safety requirements. Also make sure you have the personal items that you require as the race/event could be lengthy and you may not be able to take a break.

Ensure you have any medications or personal health aids with you, if the duration of the race/event will take an extended length of time.

On the day

- Arrive at the venue on or before the required time;
- Listen carefully to the event organisers safety and race briefing;
- Have a positive attitude. Everyone is here to enjoy the event and have fun;
- Stay warm and hydrated;
- If you have a complaint, make it only to the event or race director, not other participants;
- Follow the race directors or safety officers instructions at all times;
- Commit to the course for the particular race/event. Do not paddle off on your own;
- Use a recognised paddle technique to conserve energy and minimise muscle fatigue;
- Read the provided race conditions and race rules for the event.
- If in doubt about which vessel has right of way, give way to everything is not a bad policy;
- Treat the environment with care. Do not disembark at vegetated banks, come ashore only at sandy bottom areas or designated spots and tread lightly;
- Take any rubbish with you;
- Pitch in and lend a hand – the paddle event is run by volunteers;
- If you observe another paddler in difficulty, first provide advice to the closest safety craft and only then render what assistance you can. But follow the direction of the safety personnel;
- The paddle event is a strictly non-smoking, non-alcohol event;
- After the paddle give yourself a pat on the back

But above all, have a good time and have fun on the water.